



# CLEANING SCHEDULE WORKSHEET

## LIGHT HOUSEKEEPING TASKS OUR CAREGIVERS CAN COMPLETE

### **Maintaining a Clean Bedroom**

- Stripping and washing bed linens
- Making beds
- Vacuuming or sweeping floors
- Dusting to include baseboards
- Organizing closets
- Trash removal

### **Maintaining a Clean Bathroom**

- Cleaning fixtures (sink, toilet, mirrors)
- Sweeping or mopping floors
- Cleaning the bathtub or shower
- Trash removal

### **Laundry**

- Washing and drying clothes
- Ironing clothes
- Putting clothes away

### **Maintaining a Clean Kitchen**

- Washing dishes
- Sweeping or mopping floors
- Wiping counters
- Cleaning/organizing cupboards/drawers
- Cleaning/organizing refrigerator
- Cleaning/organizing freezer
- Dusting

### **Maintain a Clean Living Space**

- Dusting to include baseboards
- Vacuuming or sweeping floors
- Organizing closets
- Cobweb removal

### **Home Maintenance**

- Snow removal, less than 3", for a safe pathway for outings
- Salting stoop and walkway

## CLEANING TASKS WE CAN REFER OUT TO OTHER COMPANIES

- Deep cleaning
- Carpet cleaning
- Drape/curtain cleaning
- Upholstery cleaning
- Window washing
- Grout cleaning
- Moving furniture for cleaning
- Flipping mattresses
- Cleaning using bleach
- Raking leaves/mowing lawns
- Major gardening/landscaping
- Moving outdoor furniture
- Snow removal greater than 3" on stoop, walkways
- Snow removal from driveway/sidewalks
- Carpentry or repair work
- Cleaning Pool
- Lifting more than 25 pounds



***CREATE YOUR OWN CUSTOM CLEANING SCHEDULE. LIST THE TASKS AND DETAILS YOU WOULD LIKE COMPLETED DURING YOUR SCHEDULED SHIFTS.***

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